

An investment in Life. Classically Balanced.



Your Well-Deserved Investment...

- Unlimited professionally-led wellness classes
- Mirbeau Balanced virtual wellness program
- State-of-the-art fitness center with Peloton Bikes
- Access to Spa Mirbeau
- Receive 15% off all purchases at all Mirbeau locations (excluding alcohol & holiday events)
- Receive 15% off overnight rates at any of our Mirbeau Inn & Spa locations (restrictions may apply)
- Member Events
- Preferred Reservations
- Up to 10 day visits at any of our Spa Mirbeau locations
- Annual members receive : 6 day passes per year for you to bring a guest

ESTATE WELLNESS MEMBERSHIP

INDIVIDUAL

annual \$1,795
monthly \$159

COUPLES

annual \$3,020
monthly \$257

MID-WEEK WELLNESS MEMBERSHIP

Monday - Friday

INDIVIDUAL

annual \$1,375
monthly \$120

COUPLES

annual \$2,295
monthly \$196

MONTH-TO-MONTH

Limited Availability

INDIVIDUAL

\$189

COUPLES

\$330

All memberships except the month-to-month option are 12 month contracts.

Membership inquiries may be submitted to clubplymouth@mirbeau.com.

Health & Wellness

FUNCTIONAL MOVEMENT TRAINING

Meet with one of our certified Exercise Professionals who will design a safe exercise program to meet your fitness goals.

Private Session - 50 minutes | \$75

Private Session - package of 10 | \$725

Semi-Private Session - 50 minutes | \$125 (2 participants)

PILATES APPARATUS TRAINING

Dramatically transform the way your body looks, feels and performs with our new Pilates Apparatus. Pilates builds strength without excess bulk and creates a sleek, toned body with slender thighs and a flat abdomen. (*Yeah, we know – who doesn't want that?*)

Private Session - 50 minutes | \$75

Private Session - package of 10 | \$725

Semi-Private Session - 50 minutes | \$125 (2 participants)

NUTRITION CONSULTATION

Meet with our Nutrition Specialist to customize a nutrition program that meets your dietary needs.

50 minute | \$75 • 80 minutes | \$120

PRIVATE & SEMI-PRIVATE WELLNESS CLASS

Let one of our certified wellness instructors take you through a customized private class tailored to your specific needs and goals: yoga, meditation, pilates, aerobics, core strength, and more (*up to 2 people, \$25 per each additional participant*).

50 minute | \$75 • 80 minutes | \$120

MIRBEAU BALANCED VIRTUAL MEMBERSHIP

A personal virtual wellness membership delivered to you by the professional wellness teams of Mirbeau Inn & Spa featuring unlimited access to over 70 live-stream classes and on-demand video library.

Visit www.mirbeaubalanced.com to learn more.

\$39/month

Wellness offerings are available to book for any spa guest.