

# Group Activities



## PRIVATE WELLNESS SERVICES

PLEASE INQUIRE FOR PRICING

Reiki Healing | Sound Bath | Yoga Therapy  
Nutrition Consultations | Pilates Reformer Session  
Meditation Workshop



## TEAMBUILDING ACTIVITIES

PLEASE INQUIRE FOR PRICING

Mixology Class | Garden Paint & Sip  
Flower Arranging | Charcuterie Instruction  
Cupcake Decorating

